

## The burden of leadership during a crisis

- Being a non-anxious presence
- Rapid shifting between contexts
- Involuntary learning
- Remaining communicative
- Making key decisions
- Facing Forward
- Processing complex emotions
- Compartmentalizing
- Isolation
- Fatigue

# Preparing for the unexpected

- “Hangar fly”
- Enterprise Risk Register
- Crisis Management Team
- Seek training
- Utilize external resources
- Be engaged but delegate
- Cultivate a supportive board
- Take care of yourself
- Pray for wisdom and trust God